

# NOOR ALDAIN MOHAMMAD

## *Physical Education Teacher*

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📷 autism\_nutrition\_training

### SUMMARY

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Experienced physical educator with 10 years of teaching and coaching background. Dedicated to promoting physical education, health, and overall well-being among students. Committed to fostering healthy lifestyles and integrating interdisciplinary connections for enhanced learning experiences.

### PROFESSIONAL EXPERIENCE

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**Physical education consultant – British curriculum** 02/2022 – present

Behavior school

- Led daily fitness classes for diverse student populations, maintaining an average class size of 25 students and achieving a 95% attendance rate throughout the academic year.
- Focused on fostering teamwork by organizing group sport activities and interactive partner-related games.
- Led daily fitness classes for diverse student populations, maintaining an average class size of 25 students and achieving a 95% attendance rate throughout the academic year.
- Engaged in regular communication with parents through parent-teacher conferences to address student needs and concerns effectively.
- Achieved a measurable enhancement in weight management outcomes and increased nutritional awareness among participants. over 80% participation and notable improvement in physical activity among students.

**Physical Education teacher- Part time**

10/2022 – 03/2023

Irlandesas Madrid School

MADRID, SPAIN

- Developed and implemented dynamic physical education curriculum for 200+ students, resulting in a 15% improvement in overall fitness levels as measured by standardized fitness assessments.
- Led daily fitness classes for diverse student populations, maintaining an average class size of 25 students and achieving a 95% attendance rate throughout the academic year.
- Engaged in regular communication with parents through parent-teacher conferences to address student needs and concerns effectively.

**Assistant Coach and Nutritionist**

03/2022 – 07/2022

Club de Fuenlabrada (La Liga 2), Madrid

MADRID, SPAIN

- Participated in 15+ hours of professional development opportunities, including coaching clinics, seminars, and workshops, to enhance coaching skills and stay current with industry trends.
- Assisted head coach in organizing and conducting daily practice sessions for a team of 30+ athletes, resulting in a 10% improvement in overall skill proficiency over the course of the season.
- Implemented with offensive and defensive coaches to craft a unified football program, emphasizing team cohesion and strategy.
- Managed athletic equipment inventory and facilitated the procurement of new sporting goods as required, ensuring uninterrupted team operations.

## Physical Education teacher

08/2012 – 08/2020

prince Nasser bin Abdul-Aziz center, Riyadh

RIYADH, SAUDI ARABIA

- Demonstrated and instructed students on the foundational principles of body movement through structured exercises and athletic games.
- Organized and facilitated 20 extracurricular sports events and tournaments, coordinating logistics and ensuring smooth execution, resulting in increased student participation and community engagement.
- Developed and implemented dynamic physical education curriculum for 200+ students, resulting in a 15% improvement in overall fitness levels as measured by standardized fitness assessments.
- Ensured a 90% participation rate in various tournaments and competitions, indicating high student engagement and enthusiasm.

## EDUCATION

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**Escuela Universitaria Real Madrid\_ Universidad Europea De Madrid.**

2021 – 2022

Master of Sports Training and Nutrition

Madrid, Spain

**Al-Hashemite University**

Zarqa, Jordan

Bachelor of Sports Rehabilitation

## SKILLS

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- Behavior improvement
- Time management
- Communication Skills
- Motivational leadership style
- Lesson planning
- Safety awareness
- Team collaboration
- Critical thinker
- Classroom management
- Elementary education
- Curriculum Development
- Nutritional education
- Problem solving skills
- Relationship building
- Group and individual instruction

## LANGUAGES

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- Arabic
- English
- Spanish

## PROJECTS

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**Spanish amateur football**

2023

Prematch is a media platform for amateur soccer. German

**The effectiveness of moderate to vigorous physical activity (MVPA) on stereotypic behaviors with autism spectrum disorders : systematic review**

2021 – 2022

Escuela Universitaria Real Madrid. Spain