

# Ghada Mousa Ahmed Mousa

## Senior Psychologist

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### Professional Summary

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A dedicated and experienced Senior Psychologist with over 15 years of expertise in psychological counseling and special education. Proficient in using innovative strategies to improve executive functions in students with learning difficulties. Currently pursuing a Ph.D. in psychology to further enhance my skills and contribute to the well-being of students and individuals with special needs.

### Key Skills

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- Psychological Counseling
- Special Education
- Learning Difficulties Management
- Brain Gym Strategy
- Executive Function Improvement
- Emotional Intelligence Development
- Team Leadership
- Psychological Assessment
- SPSS and Statistical Methods
- Online Teaching Platforms (Zoom, Google Classroom)

### Professional Experience

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#### Psychologist

Assuit High School, Assiut | 2019 – Present

- Provide psychological counseling to students and elite students with psychological issues.
- Develop and implement individualized support plans for students.
- Collaborate with teachers and parents to address and manage students' psychological needs.
- Conduct assessments to identify students' psychological problems and provide appropriate interventions.
- Lead workshops on mental health awareness and coping strategies for students and staff.

#### Psychologist

Al-Ibtisam Association for People with Disabilities, Assiut | 2015 – 2016

- Offered psychological counseling to individuals with disabilities.
- Developed and executed programs to enhance emotional and social well-being.
- Conducted group therapy sessions to support individuals with disabilities.
- Collaborated with a multidisciplinary team to create comprehensive care plans.

#### Psychologist

Martyr Ahmed Jalal Mohamed Abdel Qader Official School, Assiut | 2013 – 2019

- Provided counseling services to students with special needs and learning difficulties.
- Developed and implemented intervention strategies to support students' academic and personal growth.
- Conducted assessments to identify learning difficulties and provide targeted support.
- Worked closely with teachers and parents to ensure effective implementation of support plans.

#### Psychologist

Khadija Youssef Secondary School for Girls, Assiut | 2005 – 2013

- Provided psychological counseling and support to female students.
- Conducted individual and group therapy sessions.
- Developed programs to address common psychological issues among students.
- Collaborated with school staff to create a supportive educational environment.

### Professional Experience (continued)

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## Psychologist

Al Nahda Preparatory School, Assiut | 2004 – 2005

- Offered psychological counseling and support to students.
- Conducted assessments and provided interventions for students with psychological issues.
- Worked with teachers and parents to develop strategies to support students' mental health.

## Education

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- **Ph.D. in Psychology | 2020 – Present**  
Faculty of Special Needs Sciences, Beni Suef University
- **M.A. in Psychology | 2020**  
Faculty of Special Needs Sciences, Beni Suef University  
- Master's thesis: Using brain gym strategy to improve executive functions of pupils with dysgraphia.
- **Special Diploma in Special Education | 2016**  
Assiut University, Assiut
- **Special Diploma in Education | 2003**  
Assiut University, Assiut
- **Bachelor's degree in education (Psychology) | 2001**  
**Assiut University, Assiut**  
- Graduated with a "Very Good" grade.

## Certifications

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- Psychological Education Training Course
- Emotional Intelligence Development Training Course
- Learning Difficulties Training Course
- Special Needs Education Training Course
- Speech Therapy Course
- Autism Training Course
- Statistical Methods (SPSS) Course
- Psychological Tests Course
- Creativity Development Course

## Projects

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### Content Reviewer | 2020

#### Journal of the Faculty of Science with Special Needs

- Reviewed the effectiveness of using brain gym strategies in improving the executive functions of pupils with dysgraphia.

## Language Skills

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- **Arabic:** Mother tongue
- **English:** Excellent command in reading, writing, speaking, and listening
- **German:** Good command

## Volunteering Experience

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- Conducted workshops and seminars for students and parents in educational institutions to promote psychological awareness.

## Publications

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- **Research Paper:**

- Title: "The Effectiveness of a Mindfulness-Based Training Program in Reducing Social Isolation Among Gifted Students with Learning Disabilities"
- Journal: Special Needs Sciences Journal, Beni Suef University
- Year: 2024

## References

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Available upon request