

KHAWLA ALEJEL

Counseling and Mental Health

About me

As an ambitious and enthusiastic person, I am seeking a challenging career within an organisation. A recent graduate of BA Counseling and Mental Health with good interpersonal skills as well as a confident approach and professional attitude. Seeking an opportunity to utilize these skills more effectively and work towards achieving the organisation's goals.

Training

Monitoring children's behavior

SOS (Children's villages) - 1 Month

Monitoring children's behavior allows developing observation skills and accurate analysis of their behaviors, and enhances the ability to communicate effectively with children and their parents. It also helps in developing patience and understanding, and learning innovative ways to solve different behavior problems.

A guide

- **Al-Saada College School and Kindergarten - 4 Months**
- **Islamic Charitable Center Association - 4 Months**

1. Individual counseling: providing psychological support and personal guidance to students to help them deal with their academic and personal problems.
2. Parent interviews: Discuss children's progress and behavior with parents, provide detailed reports on students' performance and behavior and share solutions to improve their educational experience.
3. Awareness classes for teenagers: Providing awareness lessons that focus on topics of interest to teenagers, such as mental health, dealing with stress, and building positive relationships, to enhance their personal and social development.

Skills

- Observation and analysis.
- Effective communication.
- Problem solving.
- Patience and understanding.
- Personal guidance.
- Providing consultations.
- Awareness and education.
- Building relationships.
- Use student behavior management programs.
- Preparing and presenting presentations.
- Microsoft Office.

Education

World Islamic Science and Education University **Bachelor's degree in Counseling and Mental Health**
GPA (Very Good) - 2020/2024 ***Fresh graduate***

CONTACT

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Languages

English